

5K/10K Fun Run/Walk

14 April 2013

Start/Finish:

Penitentiary Glenn Reservation 8668 Kirtland-Chardon Road Kirtland OH44094

Start Times:

9 am (6 am early start option to add mileage)

Donation:

Adults \$25.00

Children U12 \$10.00

Send completed form and check to: Michael Semick 631 Stevens Blvd, Eastlake, Ohio 44095 Random prizes and fun run swag will be awarded. Run or walk 1 loop to be eligible.

All proceeds after expenses will be donated to:

"Team Davis" Family: 8yr old, Ryan Davis has been diagnosed with AVM and has spent several months in the PICU at Rainbows Children's Hospital. This fund helps off set the staggering medical bills that his family is incurring for his recovery

Runwell: A non-profit foundation dedicated to supporting addicts and their families on their road to recovery through grants to support-based facilities.

I, the undersigned, certify that I am physically fit and capable of participation in this event. I understand that trail running is a potentially dangerous activity and assume full responsibility for any injury or accident which may occur during my

participation in the R4R ² Fun Run/Walk. I, the undersigned, hold harmless the hosts, Runwell, the Davis Family, Outrun, Sponsors, and Lake Metro Parks, its employees, volunteers and users.	
Name:	
Address:	_
Signature:	
Signature of Parent/Guardian if a minor:	

The diseases may be different but the dream is the same RECOVERY Follow the event and/or register through Facebook:

https://www.facebook.com/events/520117828031922/